

## Appendix 6

### Summary of Current Provision to Carers 2011

#### Carer Support & Services 2010 - 2011

Organisation	Service(s) & description
<b>Carers of Barking &amp; Dagenham</b>	Run a carers centre & support group
	Produce a carers newsletter twice a year to offer support, advocacy information to informal carers and their families
	BAME - To support carers from Black, Asian minority, ethnic communities who are carers
	'Take a break' emergency respite budget
	Face-to-face parent carer support (part funded by NHS Barking and Dagenham)
	GP Liaison 6 surgeries in Health Centres held weekly
	Young carers offer support to young people 8 -18 who care for a parent sibling or close relative
	A dedicated carer's mental health advocacy worker who has developed links with the Community Mental Health team and in patient clinics and hospital.
	Memory Lane - Information advocacy & support service for carers, and cared-for, with dementia & respite provision
<b>B&amp;D MENCAP</b>	Limited Carer advocacy
	Signposting- via telephone and group
	Adult Social Group (Monday)
	Social Group 11-19 (Thursday)
<b>Barking Muslim Social &amp; Cultural Society</b>	Various other services including: Drop in service for carers and cared for people; luncheon club; religious class; Arabic language class; Urdu language class; computer class; sewing class for ladies; physiotherapy; Yoga classes; social care surgery; information & advice
<b>Gurdwara Singh Sabha</b>	Religious Services; Punjabi language class; Yoga classes (funded by LBBB carers money); Social Care Surgery (provided by BME Support Worker, Amtul Irtiza)
<b>Asian Women Group</b>	Social group and exercise class
<b>Romakey</b>	Support, advice & information; counseling; training & workshops; Support for Dads (carers); Support for Single Parent's with special needs; networking; respite care
<b>Barking &amp; Redbridge Chinese Community Association</b>	Offering advice, advocacy, counseling, respite, volunteering. Welfare officers will visit any family needing help with forms, equipment, support.

<b>British Limbless Ex Servicemen's Association</b>	Advice, advocacy, counseling, respite, volunteering, welfare officers will go out and visit any family that needs help with forms, equipment, support. You have to be a member at a cost of £1 per year and you have to be British and have lost a limb or an eye
<b>Harmony House</b>	The program is called Future Jobs offering advice, housework, small household repairs, painting & decorating, gardening, laundry/ironing service collected and delivered to the home, traveling companion. Services are free
<b>Parents and Autistic Children together (PACT)</b>	The programme, Future Jobs, provides advice, housework, small household repairs, painting & decorating, gardening, laundry/ironing service collected and delivered to the home, traveling companion. All services are free Parent support group, youth group & football club offering two hours respite to carers, days out for all the family & advice.
<b>DABD (UK)</b>	Help with welfare benefits, assistance with grants for home improvements, walking aids, wheelchairs.
<b>Barking &amp; Dagenham Carers for Somali &amp; Turkish Women</b>	Drop in session for advice and support on Tuesday & Friday afternoon, Mental Health Support Group on Wednesday
<b>CLAC &amp; Catch 22</b>	CLAC has an outreach worker working 2 days a week covering all age groups with advice for carers support and a drop in centre, Catch 22 is a youth program for, for all young people including young carers who may need some support or respite, or help with legal advice, training, housing etc
<b>Stroke Club</b>	Social afternoon every Tuesday 12:30 - 3:00 giving carers a couple of hours respite
<b>The Gateway</b>	A drop in service called Day Break for anyone with drug issues and as well as family group sessions.
<b>Hubb (Mental Health User Group)</b>	Give advice on Mental Health by signposting them to the relevant department. Hubb do not turn anyone away and will help where they can, working closely with Carers of B&D
<b>KCA – Family and Carers Service</b>	The family therapy team works with families, couples and other relations to help them develop a way of coping with the fact of substance misuse and how it affects family dynamics. Family meetings - monitored and facilitated by counsellors - bring people together in a safe, confidential and supportive atmosphere and can help improve communication and allow a better understanding of one another.